

## Our trips:

### Day trips

Explore the charming cities just outside Madrid

- Toledo & The Windmills
- Segovia & El Escorial
- Cuenca - Canyoning Adventure
- Salamanca & Ávila
- Snow Experience - Ski trip

### Weekend trips

Escape the city to explore Spain and Portugal

- Barcelona
- Andalucía: Granada, Sevilla & Córdoba
- Basque Country: Bilbao, San Sebastián & Dragonstone
- Valencia - Weekend at the beach
- Portugal: Porto & Lisbon
- Ibiza: Opening/Closing Parties

### Morocco trips

Experience the rich culture of North Africa

- Weekend in North Morocco: Tangier & Chefchaouen (The Blue City)
- The African Adventure: Casablanca, Marrakesh, Atlas Mountains, Ait Ben Haddou, Dades Gorges, Todgha Canyons, Sahara Desert, Ifrane, Fez & Chefchaouen
- The Imperial Cities & Chefchaouen: Rabat, Meknes, Fes, Chefchaouen & Tangier
- Weekend in South Morocco: Marrakesh, Ait Ben Haddou, Rose Valley, Todgha Canyons & Sahara Desert



Save from 5 to 20€ on every trip with your digital City Card!

For more information on availability, dates and prices please visit our website by scanning this QR code



✉ trips@citylifemadrid.com  
☎ +34 656 19 07 45

## Never Stop Exploring!

[www.citylifemadrid.com/trips/](http://www.citylifemadrid.com/trips/)

## Join our activities!

Madrid is a vibrant city that boasts tons of fun things to do day and night. Citylife Madrid wants to give you access to all of them! With our activities agenda, we will offer you all kinds of social and cultural activities, so your week will already be planned out for you! **Meet new people and make new friends!**

- Salsa & Bachata Lesson
- Karaoke Night
- Language Exchange
- Food & Tapas Tour
- Free Walking Tours
- Soccer Games
- Flamenco Experience
- Free Museum Visits
- Wine Tasting
- Bowling Night
- Disco Skating
- Inquisition Tour
- Cooking Lessons
- Bar Crawl
- Meet & Picnic
- Meet & Splash

Full agenda



## We love living in Madrid and we want you to love it too!

**Citylife** is an international community that helps you prepare for your trip, settle in smoothly and enjoy your time in Spain to the fullest. Whether it's to work, study or just to live life, we will be by your side.

We work hand in hand with Madrid's government, universities and various organizations to provide you with the best services available while **making things simple and easy**. Whether you are looking for a place to live, setting up all the essentials (like opening a Spanish bank account or getting your public transportation card) or just want to meet new people, we've got you covered!

We want you to live, enjoy & discover the culture we love so much. So make sure you get the most out of your experience with our social & cultural activities as well as our trips across Spain, Portugal, Morocco and Europe!

**Join us on this Spanish adventure. Try new things, meet new people and truly experience Spain!**

**citylife**  
madrid

🌐 [www.citylifemadrid.com](http://www.citylifemadrid.com)  
✉ [info@citylifemadrid.com](mailto:info@citylifemadrid.com)  
☎ +34 656 190 745  
🕒 Monday-Friday 10:00-18:00

Get in touch!



## Live & enjoy Madrid

**citylife**  
madrid



## Starter Pack

Pick up your **FREE Madrid Starter Pack** upon arrival and get settled smoothly with our help!



- Tote bag
- Official Madrid student guide magazine
- Madrid info material and city map
- Abono support (transportation card)
- Free SIM card (optional) + portable phone charger
- Free Spanish bank account (optional)
- Digital discount booklet
- NIE / TIE / Empadronamiento (free support)

For more info scan the QR code above.

## Enjoy Madrid while saving money!

Saving money has never been easier! With your personal City Card you will gain access to some of the greatest deals the city has to offer! From discounts on all Citylife trips and activities, to everyday needs. The City Card will be your passport to saving money throughout your stay in Madrid.



**Do more. Spend less. Enjoy Madrid & Spain!**

**21€**  
6 Month membership

**25€**  
12 Month membership

To benefit from all City Card discounts, simply visit our website and purchase it online or stop by our office!

[www.citylifemadrid.com/city-card/](http://www.citylifemadrid.com/city-card/)



citylife  
madrid

**Up to 20€ OFF Citylife**  
activities and trips



**10€ monthly gym discount**  
at all Fitup Smart gym centres

nightlife  
madrid

**Nightlife Pass**

VIP entries, discounts and free shots



**Every Week**

free salsa & bachata lessons



**Discounts on Amusements Parks**

Parque Warner, Parque de Atracciones, Zoo Aquarium, Atlantis & Aquopolis



**Discounts on food & drinks**

at QW Sports Bar, Inclan Brutal Bar, Rosi la Loca, Domino's and more



**20% OFF Cooltra**

scooter rental



**20% OFF Trixi Bikes**

bike rental and daily bike tours

**Visit our website for more!**

## Let us help you to settle in smoothly!



**FREE HOUSING GUIDE**



**FREE HOUSING REQUEST FORM**



**FREE SPANISH BANK ACCOUNT**



**FREE SPANISH SIM CARD**



**TRANSPORTATION CARD**



**GUIDE TO SPANISH HEALTH SYSTEM**



**WHATSAPP INTEREST AND FB GROUPS**



**FREE LEGAL SUPPORT**



**STUDENT HEALTH INSURANCE**

**Scan here for more info**



## Stop wishing. Start doing!

citylife  
sports club

**Meet-up**



Watching games

**Discounts**



Equipment & sportswear

**Events**



FIFA tournament

**Raffles**



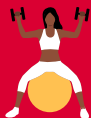
Football tickets



Sports community



Games and pitch rental



Fitness & dance classes



Football tournament

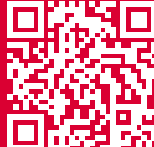


Click here and join our Facebook page & groups



Click here and join our WhatsApp interest groups

Learn more!



fitup  
SMART GYM



QW  
MADRID

## Emergency numbers & useful contacts

**112**

All kinds of emergencies and services

**092**

Madrid's local police number

**091**

Spanish national police number

HM  
hospitales

+34 629 823 493

quironsalud

+34 901 123 456

**Reporting of robbery / Other incidents:**

- Nearest police station  
- 902 102 112  
- <https://denuncias.policia.es/OVD/index.jsp>

**Lost & found contacts:**

- Office: Paseo del Molino 7 (metro Legazpi)  
- 91 527 95 90  
- Madrid tourism center: Plaza Mayor 27  
Casa de la panadería (metro Sol or Opera)

**Centros de salud**

In case you need a doctor, your first point of contact is the closest Centro de Salud. Specialist and emergency services are provided in both, public and private hospitals.

**Free legal advice**

Centro Regional de Información y Documentación Juvenil (C/ Recoletos 1, esquina Paseo de Recoletos 14). Monday to Friday from 9am to 2pm.



**Citylife Madrid Healthcare Advice Hotline**  
The experts of HM Hospitals and the Sinews Multilingual Therapy Institute will provide you with free advice and guidance.

**+34 656 190 745**

hm  
hospitales

- Emergencies 24/7/365
- English speaking staff
- All travel and int. private insurances accepted
- All medical specialities
- No paper work required

SINEWS

- Counseling
- Psychiatry
- Online Therapy
- Accent Reduction in Spanish

**Stay safe!**



## Spanish Immigration

What documents do you need to live, study or work legally in Spain?

Empadronamiento	NIE	TIE
Visa & Residence Application	Autorización de Regreso	TIE Renewal
Social Security Number	Work Permit	Digital Certificate

READ MORE



Do I need all these documents?



The **citylife** website has a really helpful guide that explains everything about Spanish Immigration in a simple way. It tells you what papers you need depending on where you come from (EU or not) and how long you'll be staying in Spain. It also gives you **step-by-step instructions on how to handle all the paperwork by yourself.**

**Need an Expert to Help You?**

*¿Necesitas que un experto te ayude?*

**Having trouble Booking an Appointment?**

*¿Tienes problemas para concertar una cita?*

The MTS Relocation team is here to help you get any document quickly and easily. We will guide you through the process, review your documents, and efficiently **schedule appointments**, even if it's short notice. You can rely on us to make the whole experience stress-free.

We Speak English  
¡Hablamos Español!

MTS

Relocation & Consulting Services



## Develop your Career!

**"A goal without a plan, is just a wish."**

*Antoine de Saint-Exupéry*

The Citylife career hub intends to support young **internationals living or moving to Spain** in continuing to develop their own career plan.

We do so by providing relevant, up-to date content, access to popular job & career platforms as well as generic hints & tips on a variety of different topics.

- Master & MBA programs in Spain
- Internships & student work opportunities
- Job opportunities in Spain
- Citylife internships
- Popular eLearning platforms
- Career advice, support & news



**Jump start your career now!**



## Stay up to date!

Subscribe to our **newsletter and blog** and read about Madrid's hidden treasures! From fun leisure and nightlife activities to useful tips on saving money, Spain's hot spots and much more!

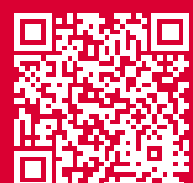
**Stay up to date on what's going on and experience this amazing country to the fullest!**

Additionally, **join our WhatsApp Groups** to connect with others who share your interests. Whether you're into discovering Madrid, traveling, arts or sports, we have a group for you. **Stay connected and make the most of your time in Madrid!**

- Explore and enjoy Madrid
- Discover, Spain, Portugal, Africa & Europe
- Enjoy great discounts and save money
- Stay up to date on what's going on
- Art & culture
- Sports in Madrid
- Develop your career & much more!



**WHATSAPP GROUPS**



**NEWSLETTER**